

STAR BRANCH

Asteri/Star (Age group: 5-7)

The youngest in our family, Asteria are meeting in small groups. The unit is called a Galaxy and their motto, "always friends", is a way of life within the unit. Their activities are based on 6 main topics that help kids of their age to:

- love nature & explore the environment
- discover themselves
- experience teamwork
- cultivate their abilities
- discover the world of senses
- find out about Guiding



Stars' Uniform

Both girls and boys wear a turquoise uniform.



Star Promise

I am a Star eager to help the others and never forget my smile.

I have love and my arms are open to all, and friends I have around the world (song).

Star Motto

Always Friends.

The Star Branch established in 1990. Children in the age of 5-7 (Stars) are the youngest members of the Guiding Community. They meet once a week for one hour and a half in their "Galaxies". Each Galaxy has at least 20 Stars and one elder person (the Leader) is responsible for 5 of them.

Their program is based on 6 different activities and each activity has a different color:

- | | |
|----------------------------|-----------|
| • To become a Star | turquoise |
| • World of sensations | red |
| • Art | blue |
| • Movement | yellow |
| • Ourselves and the Others | orange |
| • Nature | green |

The children are being helped through games, team activities and life in the nature, to get to know better themselves, to develop their skills, to collaborate, to discover the world to explore the natural environment and enjoy the Guiding way of life.

In the end of each Guiding Year (April – May – June), the Stars can participate in the "Happy Journey", meaning visiting a camp in order to enjoy the Guiding life living in a natural environment. The "Happy journey" lasts 2 or 3 days in a location according to Branch's specifications.

GAMES

Game No 1

Materials:

4 trays, a scarf, soft bread sliced in cubes, knives with round edge (not rough)

Sweets: cheese, olive

Bitter: cocoa

Sour: slices of pickles, lemon juice

Stars are divided in 4 teams. Each Star puts the materials on the bread and then on the trays. First they taste and exchange opinions. Then, they close the eyes with the scarf and they continue trying to guess the different flavors!!!

Game No 2

Scarves and spoons (as many as the Stars)

Fruits sliced in cubes: grape, apple, kiwi, oranges, banana, etc..

The Stars taste the fruit and then they prepare a fruit salad with the remained!
Then they close their eyes with the scarf and continue trying to guess the kind of fruit they are eating.